

MONTHLY

Findings

TRINITY UNITED METHODIST CHURCH
TALLAHASSEE, FLORIDA

Volume 37, Number 9, October, 2010

Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.

Mark Your Calendar - Do you "Know All Your Numbers?" Trinity's 2nd Annual Health Fair and Screening Day - Sunday, October 24 - 11 a.m. - 2 p.m.

Beth Curry, ACSM, AFAA

Back by popular demand, the Trinity Health Fair and Screening Day will be held on **Sunday, October 24**. Exciting things are happening at this year's Fair! It has been expanded and will include not only many free screenings and educational booths, but also fun demonstrations, and a very special addition – three featured speakers: **J. Orson Smith, M.D.; Walt Colón, D.M.D., M.S.; and Jaqui Griffith, MSRD/LDN.**

The youth will serve another healthy lunch, and nursery and child entertainment will be provided. This year's theme is "Do You Know All Your Numbers?" We will target church members who have not had a significant screening in the past, particularly those between ages of 25 and 50. Free screenings for cholesterol, HDL, glucose, height, weight, abdominal circumference, body fat, blood pressure, skin cancer and vision will be available for all. Here's a short preview of what our speakers have to say:

A Word from J. Orson Smith, M.D. - Why are these screening numbers important? A new cardiovascular prevention strategy is evolving which better predicts the 10-year risk for heart attack. While we are not able to provide advanced lipid testing, Tallahassee Memorial Heart and Vascular Center staff will be offering a "poor man's" version, which does not require fasting. This is called "non-HDL" testing, which is simply subtracting HDL from total cholesterol. This total is now a key "number" used to indicate risk of heart attack and cardiovascular disease. Our goal is to educate our members to "know all your numbers" and then provide methods to reduce the likelihood of developing cardiovascular disease. If we can educate, particularly those

in the 25 – 50 year old age group, at an early age and provide information which shows how to lead a healthier lifestyle, we will have a generation much less affected by obesity, diabetes, and cardiovascular diseases. Dr. J. Orson Smith will be available to interpret your screening results.

A Word from Dr. Walt Colón - Why should you ask your dentist about the health of your gums?

During the last 10 years new research has linked disease of the gums and bone around teeth to a person's general health. The gums and bone provide support for your teeth. When diseased, they can cause undesirable cosmetic changes, loss of teeth, and influence other systemic conditions in your body. The early detection of gum disease by your dentist can provide you with some easy ways to treat and resolve gingivitis. The more advanced stages of gum disease can be difficult to treat and lead to other health problems. Our goal is to educate you on how gum diseases can affect the rest of the body and also how to recognize some of the initial symptoms so you can best communicate with your dentist and health care

**2nd Annual
Health Fair and Screening Day**
Sunday, October 24 from 11:00 a.m. to 2:00 p.m.

professionals. Gum disease does not hurt and often it progresses unrecognized. Further, gum disease can occur at any age and even in persons with good home care. The key is early recognition.

A Word from Jaqui Griffith, MSRD/LDN – How does nutrition relate to good health? We have seen "Back to the Future," now it is time to go back to the past. "Knowing all your numbers" and knowing how good nutrition and being active can help you to achieve your goals is important. Come on October 24th and get screened for body mass index, blood sugars, blood lipids and general fitness status. Then, let's discuss ways to get active, get the family and friends together, and eat healthier. Our goal is to educate and to discuss. Open dialog is often the best way to share and learn. Let's work together to get our minds and bodies in better shape to live long productive lives and better serve God. It is "back to basics" time.

Go to page 7 for more information on the Health Fair.

Gifts to Trinity

Trinity received the following gifts from August 19, 2010 through September 15, 2010:



In memory of **Edward David Goding** from John and Loretta Schneider.

In memory of **Mary Jane Kennedy** from Nick and Ollie Dawirs.

In memory of **Benson Leeroy Skelton, Sr.** from Ron and Gail Hock, Duncan and Mary Ann Moore, Bill and Cynthia Smith, Gail Croy, Bill Webster, Ann Danford, Jean Webster, John and Mary Leslie Olson, Bill and Paula Smith, John and Sally Pellew, Colin and Phyllis English, Payne Midyette, Jimmy and Nancy Petrandis, Barry and Barbara Willis, Marcos and Lynn Barrera, Bettie Jane Grant, John and Amy Guthrie, Gary and Sheila Sprague, Burt and Betty Hayner, Zack and Susan Shelley, Georgia Society of Association Executives.

In memory of **June Armistead Dugger** from Bill Moncrief, Nick and Ollie Dawirs.

In memory of **Rebecca Hood** from Sandra H. Walker.

Evening Book Group

On the fourth Thursday of each month the Evening Book Group gathers to discuss the month's selection.

The group meets in the homes of members. For more information on how to join this group please call Barbara Hynes at 222-1120.

Upcoming scheduled gatherings are:

October 28
ORDINARY THUNDERSTORMS
by William Boyd
Hosted by Ann Melder

December 2
LITTLE BEE
by Chris Cleave
Hosted by Lib Gablehouse

WAYNE'S WORDS

By E. Wayne Curry
Senior Pastor

Dear Friends,

Trinity United Methodist Church is alive and well! We celebrated our 186th Birthday last month and we are stronger than ever. Here are a few indications:

... we gave out new Bibles to 18 third graders last month.

... we will give out new Bibles to 18 youth in our confirmation class this month.

... our Sunday School nursery is full of babies and toddlers every Sunday.

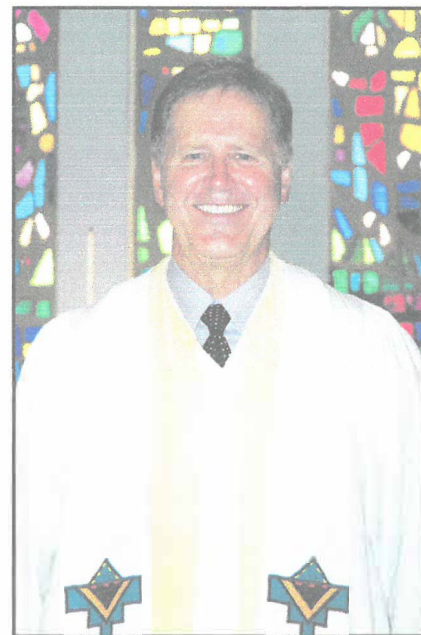
... our Empowering Parents Sunday School Class has outgrown their classroom.

... our Worship Enrichment for children pre-school through second grades during the 11 a.m. service is busting at the seams.

... a large group of new members joined last month and we have many new visitors every Sunday.

Of course we did not get here on our own but through the grace of God and on the shoulders of the saints of Trinity who have gone before us. We will celebrate, honor and remember the lives of these saints on October 31st, All Saints Sunday. There are many this year and their presence among us is greatly missed. I know the following names will bring warm and grateful memories:

Gayle Landrum
Frenchy Proctor
Esther Lamison
Ralis Hanna
Mary Elisabeth Black
Ronald Melton
Irene Todd
Ray Prim
Mary Anne Hartwell
Dot Parker
Bill James
Mary Lea Humphress
Dorothy Maybin
Cathy Erwin
Clifton Quinley
Nelle McCants
Francis J. Black, Jr.
Joe Henderson, Jr.
Sara Dunaway



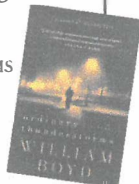
Blanche Halley
Emily Jenkins
Mary Ann Helton
Peggy Hughes
Pug Pichard
Jean Bellyk
Dorance Dalrymple
Elsie Olson
Ron Schoff
Barry Willis
Charlie Gray
Mary Jane Kennedy
Ernestine Blevins
Helen Sassard
Benson Skelton
June Dugger
Jeff Bradford

Yes, we have had a wonderful history and we have an exciting future ahead of us. I can't wait to see what God is going to do!

See you in church!

You are loved,

Wayne



Music News for October

Mark Repasky
Director of Music

Broadway Sampler, Trinity Style

This is a biggie....don't miss it.....you'll laugh....you might cry.....but you have to get those tickets! Come to see your friends perform, for the great meal, to see and hear some of your favorite Broadway tunes, and bring the whole family!

Drawing from the immense talent pool of our church members, we have put together a fantastic program for October 29 and 30. With a diverse cast

approaching 65 in number, and ranging in age from 5 to 80, we will entertain you as no other group can, with local Broadway Show aficionado, Duncan Hoehn, weaving informative narrative around the different acts.

Our emphasis is on the golden age of Broadway, with selections from Sound of Music, Fiddler on the Roof, Oklahoma, Carousel, South Pacific, The King and I, My Fair Lady, and Hello Dolly! The final part of the program will be a potpourri of songs from other more recent Broadway shows, including Phantom of the Opera, Rent, and 9 to 5. Church music groups making an appearance include the Chancel Choir, our adult praise



Rafel Forner and Alex Lafuente sang a beautiful duet at a recent service.

band, Circle of Friends, and Netkids Omega Choir.

This is dinner theater with Nancy Stone preparing a great meal served buffet style. Tickets are \$15.00 with all profits going to our new financial support program for the music ministry at Trinity known as "Friends of Music." The October 29 show begins at 7:00 p.m. and the October 30 show begins at 6:30 p.m. Tickets are available starting Wednesday, October 6. They can be purchased from the church office and at Wednesday night dinners. Tickets will also be available at the church welcome center Sunday mornings, October 10, 17 and 24.

RENT



These are the famous "9-5 singers" preparing for the Broadway Review. From left, they are Rev. Barbara Hynes, Michele Strickland, Hillary Ryan, Christi McClure, Lisa Prasse, and Mark Repasky. Not pictured are Rev. Wayne Curry, Rev. Tony Fotsch and Ruth Ann High.

New Trinity Website on the way

You may be saying to yourself, "hey, didn't they just redesign that website recently?" Well, yes the website was redesigned in 2005 by the website subcommittee. But, in the world of digital media, 5 years is a very long time.

There have been enough changes since then that the design of the new site was probably 2 years overdue. The newer software will make changing the look of the site much easier to accomplish and text changes will also be easier to make.

The subcommittee members who have been particularly diligent in putting the website together are: Yvonne Shaw, Aaron Podey, Mike Watters, Chris Simonavice, John Koehler, Debara Jump, Rev. Tony

Fotsch, and Trevor Johnston.

The new site will feature several new

gizmos for gaining timely information. On the home page, for instance, we plan to feature a different committee or Sunday School class each month, a video testimonial, current events, and photos from around the church of places and objects that you may pass by each Sunday, but may not really see.

Our goal is to make the website attractive to prospective new members (one of the figures the committee heard was that over 60% of visitors to our website are people looking for a new church home), while still making the site relevant for current members. Please give a big thank you to these members who are working hard to make a difference at Trinity.



This is a screen shot of one of the home page pictures. The new website will have more photos and more ways to access current information.

Crop Walk 2010 is coming in November!

Phyllis McCranie

CROP WALK is a national annual event coordinated by the Church World Services to help alleviate hunger locally and in undeveloped countries. Trinity supports and

international emergencies as well as long-term food and clean water development in 80 developing nations. All food donated during the event go to local food

fund raising the CHANGE THE CITY collections for September will be dedicated to this important ministry.

How Crop Walk Works

Each church or organization recruits members to walk. The walkers then obtain donations from sponsors before the walk. Last year we had over 50 walkers including our dedicated Youth Group, Reverends Curry, Fotsch and Hynes. Our donations were over \$2300. It is a great way to get a little exercise and enjoy camaraderie with your fellow Trinity members.

How Can You Get Involved

There are several ways to get involved. 1) You can sign up to walk and recruit donations prior to the event to support your efforts. The walk distances are only 1 and 3 miles. 2) You can make a donation by check to Crop Walk or Crop/CWS and give it to Trinity's Crop Walk liaison Phyllis McCranie or other Trinity walkers. 3) You can donate non-perishable food to be used locally by area charities.

Non-perishable food donations should be delivered to the Trinity portion of the library parking lot from 12:30 to 2:00 on the day of the event. For walkers, registration and a "Beans Lunch" will begin about 1:00. The walk actually starts at 2:00.

To get involved and learn more details about this important initiative, contact Phyllis McCranie by phone at 671-4815 or by email at pamccranie@embarqmail.com.



Last year, Trinity had a large and recognizable presence in the Crop Walk. Get your red t-shirt and give it a try this year!

is a major participant in this ministry every year. The Tallahassee 2010 CROP WALK is scheduled for Sunday, November 14, at E. Peck Green Park.

Twenty-five per cent of the monetary contributions are given to local non-profit food distribution agencies. Remaining contributions are for state, national and

distribution agencies including ECHO, Catholic Charities and the lunch program at the Shelter. The remaining contributions go to state, national and international emergencies as well as long-term food and clean water development in 80 developing nations around the world.

To help jump start Trinity's Crop Walk

Disciple classes off to a great start!

Two Disciple classes started recently and both of them have large groups. A Disciple I class (Becoming Disciples Through Bible Study) led by Jordan Perry has 17 members, and the Disciple IV class (Under the Tree of Life), led by Ruth Ann High, has 14 participants. Both classes meet separately on Monday night for a 2-hour discussion of the readings they have done the previous week.

Members who have committed to the 34-week study in Disciple I are: Ann Doonan, Bill Doonan, Jimmy Duncan, Nancy Duncan, Sheryl Hamm, Randall Haynes,

Ashley Hiatt, Luke Ihnen, Gloria Irvin, John Koehler, Linzee Long, John Perry, Nick Quinton, Eric Ryan, Hillary Ryan, Yvonne Shaw, Kevin Sterling.

Members who have committed to the 32-week study in Disciple IV are: Barbara Allen, Marie Bradley, Beverly Burleson, Chip Collette, Brett Ingram, Kathy Kiffer, Nancy Kerce, David Kerns, Judy Levy, Cathy McCarty, Jayne Mittan, Melanie Quinton, Kim Simpkins, and Victoria Tettey.

Please encourage these members in their studies and say a prayer for them.

Soup & Salad Fundraiser

When you attend the Health Fair and Screening Day, Sunday, October 24, make sure to support Trinity's Youth by having the Soup and Salad lunch.

They are raising funds for their trip to Guatemala next year and by purchasing a lunch, you are helping them get a little closer to their goal. Plus, they're really good cooks, and they have lots of adult supervision.



The Lily Guild - A Training "Garden" for the Altar Guild

Debbie Hurley

*You are cordially invited
To apply for membership in
The Lily Guild*

"gilding the lily": to cover with a thin layer of gold; to adorn something which is already beautiful and makes a superfluous addition to what is already complete.

Have you ever wondered just what the Altar Guild is and what it does? The name somewhat speaks for itself, and yet there is so much more to it. For those who belong to this group or have been a part of it in the past, the Altar Guild provides a very meaningful way to be a part of our church. It is a group of dedicated members of Trinity

who share their time and talents as their way of serving our church. The Altar Guild is entrusted with the care of the altar and preparing it for services of worship and thanksgiving. Through the beauty of God's flowers and greenery, members of the guild adorn Trinity's altar.

The newly forming group to be known as the "Lily Guild" will be a training ground for future Altar Guild members. Applications for membership are being accepted from October 1 to October 31, 2010 and forms are available in the Church Office. Joining the Lily Guild will be a commitment to training and special events that will prepare members for the Altar Guild. Topics for



classes will include flower arranging, how to plant your garden with church flowers, learning about the seasons of the church year, and understanding the symbolism in our sanctuary. Lily Guild members will work for a month along with a current Altar Guild member. This mentoring will allow hands-on experience with arranging flowers for the altar and then rearranging them on Monday for delivery to Trinity shut-ins. Additionally, each member will have the

opportunity to be a part of either the Easter Committee or Christmas Committee to help prepare the sanctuary for these special occasions.

This is a great opportunity to serve at Trinity while learning a great deal about the traditions of the church and the practical skill of arranging flowers. Please join us!

Trinity's "Did You Know?"

250

Did you know that on the first, fourth and fifth Monday of each month, a team of Trinity members cook a meal in our kitchen for 250 people and then deliver and serve it to the homeless guests at The Shelter?

That means we have served 5,000 meals so far this year!

Want to be a part of this ministry? Please email Sabrina Denmark at sab.den@comcast.net

50

NETkids is an afterschool program that meets each Wednesday afternoon from September through April.

Did you know that over 50 children are enrolled in NETkids this year?

Did you know that families have discovered Trinity through NETkids?

For more information on this great magnet program call Barbara at 222-1120.

100

Lay Academy is a series of adult education classes offered in five separate terms from September to May. Study topics are of general interest as well as for spiritual growth.

In this first session, there are over 100 members and non-members registered for this series of classes.

For more information about Lay Academy, call Barbara at 222-1120.

UMW Recognizes Trinity Saints

How do you let someone know that they are appreciated for the many ways they have contributed to the future of Trinity? The UMW membership will attempt to do just that on Tuesday, October 5 during their monthly luncheon, and they welcome the entire Trinity membership to come help celebrate their achievements. The honorees are: Peggy Hughes, Cinda Hortin, Nell Morse, Eleanor Smith, Mart Hill, Julie Pararo, Peggy Parkey, John Willis, Pat Willis, Paula Smith, and Martha Tilden.

Please make your lunch reservation (now \$6) with Nancy Kerce at 877-6546 by October 4.

UMW Circles to Meet

Circle 1 will meet at 10 a.m. Tuesday, October 12, with Eloise Harbeson, 2002 W. Randolph Circle.

Circle 2 will meet in the church library immediately after the UMW luncheon meeting on Tuesday, October 5.

Circle 4 will meet in the church library on Tuesday, October 12, at 10:30 a.m.

Circle 5 meets Thursday, October 14 at 7:00 with Esther Harrison, 2107 Rankin Avenue.

Circle 6 will meet at the home of Julie Pararo, 2104 Randolph Circle, at 6 p.m., Monday, October 11.

Circle 8 will meet at noon, Wednesday, October 6, at St. John's Cafe.

Circle 9 meets Tuesday, October 19 at 10 a.m. with Neddy Sumners, 650 E. 6th Avenue.

Circle 10 meets Thursday, at 7:00 p.m., October 21 with Donna Duggar, 1010 Shalimar Drive.

Youth Happenings in October

Kelly Rains Jordan Perry
Youth Director Youth Intern

A Note from Jordan ...

Now that fall is here and school is back in session, things are returning to normal down in The Underground. In August and

September our youth were super busy doing all kinds of activities. We had our annual Back-to-School pool party, SIFAT retreat for our youth Guatemala mission team, Rock the Universe and started up all of our regular fall programming including Sunday school, Wednesday

Bible study for middle school and UMYF for all youth on Sunday nights. Our next



Participating in the SIFAT Guatemala retreat were, from left, Justice Merlau, Kelly Rains, Jessica Danforth, Vern Danforth, Jonathan Danforth, Avery Smith, Alex Ingram, Malinda Rains, John Rains, and Cody Johansen.

financial requirements, attending monthly meetings and going on pre-trip mission experiences. This is a very dedicated group

of youth who love to serve and I hope you will be able to make it out to the health fair to show them your support!

In addition to our regular programs we are starting a few new things in the Underground this fall. One new activity we are introducing is called High School Late Nite and will be

from 8:00 p.m. to 9:30 p.m. one Sunday night a month right after UMYF. This event is specially designed to be a time of fellowship and discussion for our older youth. We will also have a different surprise guest speaker at each of our meetings. Another new thing coming to youth this fall is the introduction of monthly themes during our Sunday night UMYF. October's theme is "Give" as we talk about how we can give back to our church and youth group through our prayers, presence, gifts and service. With all that is going on with the youth it sure looks like we have another fun and exciting year ahead of us! As always, don't

forget to keep checking our website: www.undergroundministries.org for the latest and greatest, most up-to-date information!

confirmation class (of 19 middle school youth!) has also started up and will kick-off the year with their retreat to Leesburg the first weekend in October.

Also coming up this month is the Health Fair on Sunday, October 24. Since we have a team of 14 people going on our spring break mission trip to Guatemala this team will be providing a healthy soup and salad lunch at the Health Fair as a fundraiser for the trip. We are taking a great group of high school youth on the trip. They have already been working very hard to meet a list of requirements for the trip including an interview, attendance and



Bowling Night at Capital Lanes.

Upcoming Youth events for October

- Oct. 1-3 Confirmation Retreat
- Oct. 3 Youth Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Oct. 3 Guatemala Meeting and \$250 payment due (8:00-9:30pm)
- Oct. 10 Confirmation Class receives Bibles @ 11:00am service
- Oct. 10 Youth Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Oct. 16 Mid-High Madness: \$1 Movie Night (at secret location)
- Oct. 17 Youth Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Oct. 17 High School Late Nite (8:00-9:30pm)
- Oct. 24 Health Fair (Soup & Salad Guatemala Fundraiser) 11am-2pm
- Oct. 24 Youth Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Oct. 30 World Vision Experience in Orlando (High School Only)
- Oct. 31 No UMYF (Halloween)

Other Upcoming Events

- Nov. 7 Youth Council (12:00pm in The Underground)
- Nov. 7 Guatemala Meeting (8:00-9:30pm)
- Nov. 14 Crop Walk & Yard work (No UMYF)
- Nov. 28 High School Late Nite (8:00-9:30pm)
- Dec. 1 Christmas Tree Pick-Up
- Dec. 4 Chili Fundraiser (Festival of Lights)

HIGH SCHOOL
LATE
NITE
Oct. 17
8 -9:30 p.m.

Trinity's Change the City helps The Salvation Army

Sabrina Denmark
Church and Society co-chair

October's Change the City recipient is The Salvation Army. We will be supporting the local chapter. Their main office is located at

CHANGE the City



206 West Virginia Street and the local number is

222-0504. The Thrift Store is located at 2131 Jackson Bluff Road and the number is 575-9798.

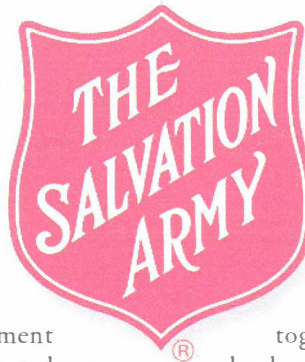
The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

The dominant image, in the public eye, of

The Salvation Army is of a much loved charity giving a cup of soup to those down on their luck. This is a vital part of their work, but they aim to describe a totally different approach in which the poor are joining in partnership with The Salvation Army.

The community development approach sees that the poor have potential to change their circumstances. The role of The Salvation Army in this is to listen to the dreams of communities and assist those communities to realize their own dreams with their own hard work and their own local knowledge.

Life in these communities is very difficult, with the poor having a sense of their own powerlessness, dependence on the wealthy, and their lack of voice to object to the unjust conditions they face. Community development always trades in hope - it seeks to assist people to realize



they can be agents of change. To even consider the possibility of change of the desperately poor is a very risky business. The poor fear that any change in their life may be a threat to what little they now have.

The Salvation Army works together with communities to

develop:

- education
- literacy
- water and sanitation
- alternative energy
- HIV/AIDS education
- programs for orphans and vulnerable children
- horticulture training
- feeding programs
- housing
- home-based HIV/AIDS programs
- and may more community initiated programs

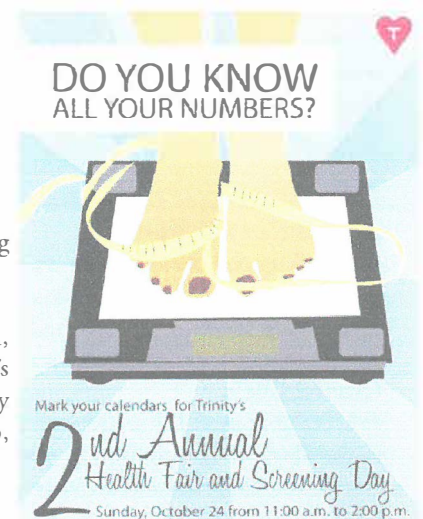
Do You Know All Your Numbers?

Trinity's Second Annual Health Fair and Screening Day
Sunday, October 24, 2010 – 11:00 a.m. to 2:00 p.m.

Highlights of the 2010 Fair

- **Ten Free Screenings**
 - Cholesterol, HDL, Glucose, Blood Pressure, BMI, Waist Circumference, Body Fat, Skin Cancer, Hearing and Vision
- **Many Educational Booths and Displays**
 - Breast Health, Colon Health, Oral Cancer, Periodontal disease, Sports Guards, Fracture Prevention, Balance and Falls, Chinese Medicine, Skin Cancer, Childhood Obesity and Type II Diabetes, Children's Literacy, Children's Educational Toys and Learning, Children's Handwriting, Dyslexia and ADD, Healthy Eating, Food and Container Safety, BFC (*Becoming Fit at Church*) Series Exercise, Trinity Runners Club, Tai Chi, Yoga and more...
- **Four Featured Speakers**
 - J. Orson Smith, M.D. – Cholesterol and cardiovascular health
 - Walt Colón, D.M.D., M.S. – Periodontal disease and how it relates to cardiovascular health and pregnancy
 - Wayne Anderson, Ph.D. – Stress management ideas in today's busy world
 - Jaqui Griffith, MSRD/LDN – Healthy snacks, meals and grocery shopping
- **Fun Demonstrations**
 - Tai Chi, Yoga and BFC Series Exercise
- **Healthy Lunch**
 - Provided by Trinity's Youth Group
- **Child Entertainment (from 12:30 pm – 1:30 pm) and Nursery –**
(Please make advance reservations for the nursery- contact Beth Curry at BFCSeries@yahoo.com)
 - Carol Moore – Reads "The Busy Bumble Bee", plays guitar and sings songs with the children - Children's Yoga
- **Volunteer Opportunities**

There are many opportunities to help at the Fair. If you would like to volunteer, please e-mail Beth Curry at BFCSeries@yahoo.com.



New members join Sept. 26

Trinity's membership increased recently as several new members added their names to the membership ledger. Make sure to welcome these new Trinity members.

Terri Sue Aldridge is engaged to fellow new member, Jeffrey Lawson. Terri Sue has a 3-year-old son, Grayson, and she works for the Florida Department of Health, Board of Nursing.

Tyler and Rhonda Baldock joined by transfer and from another denomination. Tyler and Rhonda own Capital Periodontal Assoc. where Tyler is a periodontist and Rhonda is the practice administrator. They have a 17-year-old son, Will, who attends Maclay School and is class president, and two grown daughters, Courtney Jordan, and Ashby. Courtney is also a new member of Trinity. **Jennifer Bias** joined Trinity from another religion. She works at Imagination Day School. She has been a preschool teacher for the past 7 years, but is applying to nursing school. She is a people person, and looks forward to becoming involved at Trinity.

Kevin and Leeanne Bower joined by transferring their membership from another Methodist church. They are the parents of two children who came up through the Trinity Preschool; daughter, Riley, who is 10, and son Ryan, who is 5. Kevin is self-employed with Bowers Enterprises LLC and Leeanne is a second grade teacher at Gilchrist.

Karen Doster joined from another denomination. She does research at FSU in Library Science and Broadband Technology. Karen is a member of the Chancel Choir.

Jan Flake joined by reaffirmation of faith. She is a retired faculty member from FSU where she was active in math and technology education. She has attended Trinity for over a year and a half, and feels comfortable attending.

Robert and Kim Foster both joined through reaffirmation of faith. They have an almost 3-year-old daughter, Marin. Robert, together with his father, owns Commercial Kitchens Unlimited. He enjoys hunting, fishing, and motor sports. Kim is currently a stay-at-home mom to Marin. She also has a consulting business with her dad. Kim is excited to have found a church home where she

and Robert can raise Marin.

Alan and Gloria Irvin transferred their membership from another Methodist church. They are parents to five grown adult children, Lyn, Christopher, Brian, Shelley, and Brittany. They have been attending worship and participating in several groups at Trinity.

Chad and Courtney Jordan joined Trinity from another denomination. They have a 4-month-old son, Downing. Chad is a manufacturer representative for Residential Elevators Inc. and loves to play golf. Courtney is an account executive for WTWCNBC 40. She likes spending time with friends and family and is the daughter of fellow new members, Tyler and Rhonda Baldock. They are enjoying being parents to Downing.

Jeffrey Lawson joined from another denomination. He works for Florida Department of Environmental Protection in Industrial Wastewater and has lived in Tallahassee since 1992. He is engaged to Terri Sue Aldridge who also joined Trinity. **Beth Riggs** transferred her membership from another Methodist church. She is a graduate student in Library Science at FSU and is already a member of the Chancel Choir.

Nancy Ritchie transferred her membership from another Methodist church. She recently retired after 30 years of working as a respiratory therapist. Nancy's daughter, Laura Ritchie, attends Trinity and she moved here to be closer to her. Nancy looks forward to becoming involved at Trinity and has already joined the choir.

Pat Stafford has been a member at Trinity 2 times before moving away and coming back. She is already a member of the Chancel Choir and Trinity Ringers. Pat is a teacher at Stars School.

Ed and Melissa Young joined Trinity by reaffirmation of faith. They have two children;

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MONTHLY
Tidings
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Tony Fotsch, Associate Pastor
Barbara Hynes, Associate Pastor of Discipleship
Rex W. Adams, Communications Director

PERIODICALS
POSTAGE PAID
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TALLAHASSEE FL

daughter, Riley who is 6, and son, Casey, who is 4. Ed works for Tallahassee-Leon County Planning Department. He grew up in Massachusetts and graduated from FSU. He moved back to Tallahassee in 2002. Melissa teaches middle school social studies at Holy Comforter Episcopal School. She moved to Tallahassee with Ed in 202 from Jacksonville. She enjoys playing co-ed softball each week.



New members who joined in September are, from left, Melissa Young, Jeffrey Lawson, Terri Sue Aldridge, Alan Irvin, Gloria Irvin, Jennifer Bias, Kim Foster, Robert Foster, Leeanne Bower, Jan Flake, and Kevin Bower. Not pictured are Tyler and Rhonda Baldock, Karen Doster, Chad and Courtney Jordan, Beth Riggs, Nancy Ritchie, Pat Stafford, and Ed Young.