



MONTHLY

Tidings

TRINITY UNITED METHODIST CHURCH

TALLAHASSEE, FLORIDA

Volume 37, Number 8, September, 2010

Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.

Fall Programs Bring Individual Growth

At Trinity, the Fall season means you'll find a brand new slate of programs geared toward all age-groups with many different areas of interest.

If you're new to Trinity or if you would like to become more involved in the church family, the brief descriptions below may be some help. Please call Reverend Barbara Hynes, Associate Pastor of Discipleship at 222-1120 for questions about any of these great programs.

Disciple Series

Don't miss your chance to learn more about the Bible through these Disciple classes. An introductory meeting (which will include materials hand-out)

DISCIPLE

August 30 at 6 p.m.

Disciple I will meet in room 305 and Disciple IV will meet in the library. Both classes begin Monday, September 13 at 6:30 p.m.

Disciple 1

This study gives participants a solid overview of the Bible - both Old and New Testaments - from Genesis through Revelation. Please contact Jordan Perry at 222-1120.

Disciple 4

Disciple 4 (Under the Tree of Life) is an open class to all who have completed Disciple 1. Study manuals will also be available beginning Monday, August 30 in the church office and at the introductory meeting. Please contact Ruth Ann High at 222-1120 for more information.

Wednesday Morning Bible Study Group

This group will begin a 5-week series beginning Wednesday, Sept. 8 at 9:30 a.m. called "Frappe with Philippians" from the Coffee Cup Bible Studies by Sandra Glahn.

For more information, please contact Jen Rackley at rackley.jen@gmail.com or Ruth Ann High at rahigh@comcast.net. Or, you may call the church office at 222-1120.



Friday Study Group

This group will study *Finding Our Way Again: The Return of Ancient Practices* by Brian McLaren.

"Stand at the crossroads and look; ask for the ancient paths, ask where the good way is and walk in it, and you will find rest for your souls." Jeremiah 6:16

They begin Friday, September 10 at 10 a.m. and meet in room 305. Call Barbara at 222-1120.

NETkids

NETkids is a fellowship group for elementary school children (K-5). It meets afternoons September through May. Arrival time is between 3:15 and 3:45 and pickup is at 5:30 p.m.

Registration and parent's meeting will be Wednesday, September 1 at 6:30 p.m. The first session of NETkids begins Wednesday,

September 8 at 3:15, and they will meet on the playground.

Lay Academy

Lay Academy will begin again on Wednesday, September 15 with a new 6-week slate of classes. For more information, watch for a

new brochure, the weekly bulletin, and next month's Tidings. Don't forget to make your reservations for those delicious dinners!



Second Annual Health Fair

Sunday, October 24 is a date to save for this great health expo. The Health and Wellness committee not only draws exhibits from local health providers, but this is also a great opportunity to find out how healthy you really are as there will be several booths set up for screenings.

Trinity Book Group

This group meets every fourth Thursday at 7 p.m. in group members' homes. This is a welcoming, open group that encourages deep thinking. Call Barbara at 222-1120 for more information.

Gifts to Trinity

Trinity received the following gifts from July 11, 2010 through August 18, 2010:



In memory of Dorothea B. Kerns from Sam and Linda Miller.

In memory of Miriam Johnson from Donie Ann Henderson.

In memory of Ernestine Blevins from Ryland Rigsby and the Aldersgate Sunday School Class.

In memory of Edward David Goding from Ken and Braketta Ritzenthaler and Edie Goding.

In memory of Peggy Wells Hughes from the Mahorner family, Judy Teal Parker, Claire Kelly, Gayle Nelson, Patricia Martin and Vereen and Leslie Smith.

In memory of Francis James Black, Jr. from Vereen and Leslie Smith.

In memory of Mary Blackburn from UMW Circle 9.

In memory of Clifton Wight Quinly from Vereen and Leslie Smith.

In memory of Barry Scott Willis from Donie Ann Henderson, Nancy M. Simpson and Cookie and Franklin Darnell.

In memory of Mary Jane Kennedy from Ron and Gail Hock.

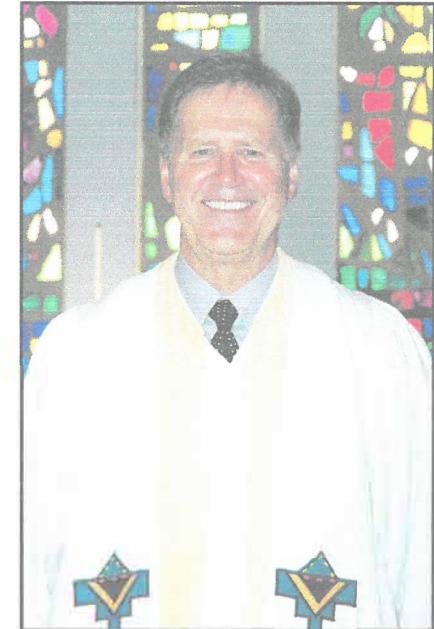
WAYNE'S WORDS

By E. Wayne Curry
Senior Pastor

Dear Friends,

One of the privileges of being one of the pastors of this great church is seeing the Body of Christ at work every day. These past few weeks we've had several of our members at Tallahassee Memorial Rehabilitation Center recuperating from surgery. Almost every time I have gone to visit one of those folks there has also been a caring member of our church in the room, talking and laughing, sharing stories, and just lifting the spirit of that person in the bed by their loving presence. I was told that one of our Sunday School classes held their class one Sunday morning at the Rehab Center so their fellow church members could be there! Words cannot express how much that meant to those who were recuperating.

I truly believe that if you are a member of Trinity United Methodist Church you are also one of our ministers. There are a lot of hurting people in our midst starving to know that there is someone who cares. It is a joy to watch you minister to each other in times of crisis and sorrow. The poem by St. Teresa of Avila says it well:



*Christ has no body now on earth but yours
No hands but yours
No feet but yours
Yours are the eyes with which
He looks compassion on this world
Yours are the hands with which
He blesses all the world
Yours are the hands, yours are the feet,
Yours are the eyes
You are his body*

Thank you for your ministry.
You are loved,

Wayne

Memorial Leaves

Placed on the Memorial Garden Tree during August

EDNA S. TAIT
November 6, 1916 - May 22, 1993

BILL TAIT
October 13, 1915 - October 19, 2003

LOIS LYMAN FLETCHER
May 8, 1911 - April 3, 2000

WARD THOMAS FLETCHER**
July 1, 1907 - August 10, 1952

ALLIE YAWN BROWN

LIZANNE WARD MONCRIEF
October 24, 1928 - August 30, 2001

* Cremains Interred ** Military Veteran

September Music Offers Opportunities

Mark Repasky
Director of Music

Time to join up!

Have you picked a music group to join this fall? We highlighted many of the groups in August Tidings. Here's information about some others. Please contact me if you are interested in these groups.

Trinity Ringers

This is a very talented group of handbell ringers. Advanced music reading skills are required and previous ringing experience is recommended. We practice



The College/Career Handbell group is comprised of very talented ringers.

Wednesdays, 6:15-7:15 pm starting September 8 in the handbell room. Ring at worship services about once a month, September through May.

College/Career Handbells

This is also a very talented group. Ability to read music is required. We practice Sundays, 6:15-7:15 pm starting September 12 in the handbell room. Ring about once a month September through April.

Senior Handchimes

This group has made a lot of progress in their two years of existence! They all read music, which enables them to play a lot of pieces for fun. We practice Thursdays, 1:45-2:45 pm starting September 9. Ring at worship services about once every two months, September through May. We are a very easygoing group and enjoy one another's company.

Broadway Review Taking Shape

About 40 minutes of music has already been planned for Trinity's grand Broadway Review set for October 29 and 30. We are aiming for 60 minutes, so if you have been thinking about throwing your hat into the ring, do it now by contacting either Duncan Hoehn or me.

Children will be involved, with the older NEtkids Choir singing "Do-Re-Mi" from The Sound of Music. We are also planning

needs to know the shows will be Friday October 29 at 7:00 pm and Saturday October 30 at 6:30 pm. This will be dinner theater, with a buffet meal provided both nights. Cost for the dinner and show is just \$15.00! All profits go to our new "Friends of Music" ministry at Trinity. Tickets will go on sale starting October 6 and will be available from the church office, at Wednesday night dinners and at the welcome center on Sundays October 17 and 24 between and after worship services.

A Story to Tell

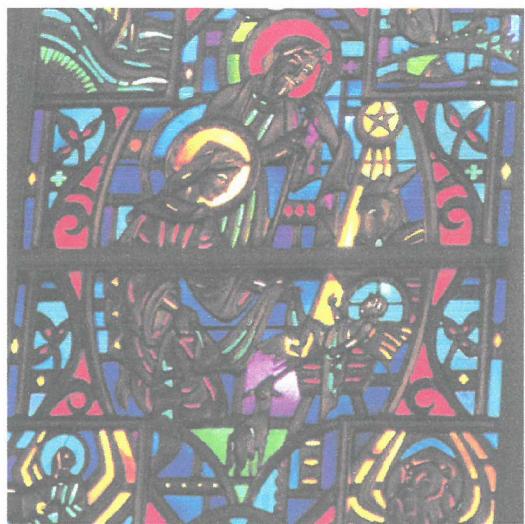
The stained glass windows at the front of our sanctuary are stunning! Quite often visitors to the sanctuary remark about their beauty. That's when we tell them the windows have a story to tell. Do you know what that story is? We have a short pamphlet that explains the remarkable images in these windows. It is available at the church office.

Better yet, plans are underway to present the story of each window during three Sunday morning worship services in the coming months. The sermon and much of the music, including a newly composed trumpet/organ selection and a "theme of the day" hymn will be focused on each window. September 19, at the 8:30 and 11:00 am services, the left window, which represents the Old Testament, will be the topic of the day. Two Sundays in the future, we will address the center window representing the New Testament and the right window representing the Church moving forward.



wife team preparing "Do You Love Me?" from *Fiddler on the Roof*. June Gray will present a tap dance number. She said dancing is for all ages and she is 74! Chancel Choir will sing twice during the show including a medley of Rodgers and Hammerstein show tunes favorites. We expect to have about 60 performers!

We want all performers to know that final rehearsals will be Tuesday night October 26 and Wednesday night October 27. Everyone



Upcoming Lay Academy classes

Lora Chapman and Aaron Podey

"Animals in the Headlights: A Collision Course"

This is one of the programs that will be offered in the upcoming fall Lay Academy. This course is designed to help us better understand how to share our environment



with animals other than ourselves. For the purpose of this study, we will focus on wildlife and fisheries issues in Florida and hear the facts straight from the source. We've invited speakers from the Fish and Wildlife Conservation

Commission, Department of Environmental Protection, Reef Relief, Florida Natural Areas Inventory, and Tall Timbers Research Station.

Over the six weeks of the program we will learn about the problem of over population (bears and deer) and the issues facing declining populations (coral reefs and limpkins). We will also discuss invasive species like the Burmese python and boa constrictor in the Everglades, and we'll cover the importance of natural areas, wildlife corridors and other strategies used to protect and preserve God's creatures. It is sure to be a

unique opportunity to listen to and question the experts on these issues of what's being done for Florida's wildlife and fish.

The facilitators will be Lora Chapman and Aaron Podey.

- Sept. 15 - Black Bears; presented by DAVE TELESCO - FWC
- Sept. 22 - Coral Reefs; presented by PAUL JOHNSON - REEF RELIEF
- Sept. 29 - Endangered Animals; presented by DOUG ALDERSON - DEP
- Oct. 6 - Wildlife Corridors; presented by GARY KNIGHT - FNAI
- Oct. 13 - Pythons in the Everglades; presented by SCOTT HARDIN - FWC
- Oct. 20 - Endangered Florida Birds; presented by JIM COX - TALL TIMBERS

For the Love of God: John's Letters

Leaders: Liz Smith and Nancy Kerse

This study is the 2010 spiritual growth study by Justo L. and Catherine González. It is at once a scholarly, and yet, at the same time, a very approachable examination of a part of one of three great bodies of work of the New Testament-the Epistles of John. Using light as a common thread, the study explores multiple ways of engaging the Epistles of John which admonish the readers to keep both truth and love.

Meeting Jesus in the Gospel of Mark

Leader: Barbara Hynes

Who was Mark? Why was this gospel written? What does it tell us about the Kingdom of God and the person of Jesus as the Son of God? We will consider these questions using class discussion and several sources: the text, *Conversations with Scripture: The Gospel of Mark* by Marcus Borg, selected lectures from Jesus and the Gospels by Luke Timothy Johnson, an oral telling of Mark's Gospel by Max McLean.

Participants will need a study Bible and are encouraged to read through the Gospel of Mark before the first class.

Beginning Photoshop

Teacher: Rex Adams

This is a very basic introductory class focusing on using some of the many tools Photoshop offers. The class will be limited to the first 10 people who sign up and will meet in the newly revamped computer lab in room 303.

Each participant will have their own work station and will be able to follow along with each lesson.

Some of the techniques will include: use of the selection tools, how to utilize layers, how to crop to different sizes, how to enhance the color in photos, how to place text on top of photos, how to colorize black and white photographs, and many other fun projects.

The Holocaust: Shall We Never Forget? How Will We Remember?

Recently, Trinity member, Dot Hayward, came into the church office with a flyer from the Osher Lifelong Learning Institute (OLLI) at FSU. The flyer outlined a class on the Holocaust with the title above. Dot, who is on the board of directors at Temple Israel Preschool, where she taught preschool before retiring, said, "this is important to me and I'd like to share this with others."

The OLLI offers many classes, but this class will be taught on FSU's campus at the Pepper Museum in the Claude Pepper Center. Please call Terry at 644-7947 or email taaronson@fsu.edu for more information.

The following course description was provided by the Osher Lifelong Learning Institute at FSU:

Barbara Goldstein, President,
Holocaust Education Resource Council
1:30p.m. - 3:30p.m. Tuesdays beginning
October 4th
(Pepper Museum, Pepper Center)

The Holocaust, a watershed event both for the modern world and the history of humanity, has become an invaluable tool in the examination of basic moral issues. Scholars, historians and lay people alike have been forced to examine the Holocaust in order to gain some understanding about

an event which affected millions of people from varying economic, religious and social groups. Its happening transcends the purely historical context and teaches important lessons in hate, intolerance, insensitivity, and the resiliency of the human spirit. One of the main goals is making the holocaust relevant to today's



world to ensure a brighter future. What can we expect of humanity after the Holocaust? For the Holocaust to recede from memory would be unthinkable, and would serve as yet another tragedy for its victims. If we do not continue to honor the memory of those who died in the Holocaust - who will?

Do you "Know All Your Numbers?"

Beth Curry, ACSM, AFAA

How much should your total cholesterol be? What about your HDL? What about your waist circumference? How many

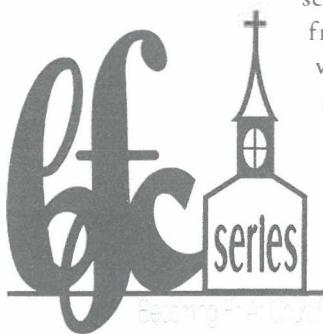
servings of fruits and veggies should you eat each day? How many steps does it take to walk a mile?

Mark your

calendar for a very important date. Sunday, October 24, Trinity will hold the second annual Health Fair and Screening Day.

Answers to these questions and more will be provided by a host of health professionals.

Watch the October Tidings for more details or e-mail Beth Curry at BFCSeries@yahoo.com.



WELLNESS CORNER

Beth Curry, ACSM, AFAA

Green Fast Food

— and I am not talking about the moldy kind.



You can now check the internet to see if your fast food favorites are doing the right health and environmental



thing. Go to Greenopia or Green Restaurant Association to see who is doing the best. These associations are rating the restaurants on their environmental footprints. The GRA looks at water efficiency, waste recycling and reduction, sustainability, energy, disposables and chemical and pollution reduction. These can be accessed at www.greenopia.com or www.dinegreen.com. Check them out.



BFC Series Exercise Classes

Beth Curry, ACSM, AFAA

School is back in session and so is the Wednesday evening (6:30 pm) exercise class. "Power Hour" begins September 1st. Come for a combo hour of aerobics, and upper and lower body, and core training. "Better Bodies" begins September 15th at 4:15 p.m. Learn proper walking technique followed by



balance, basic strength and flexibility exercise. Tuesday and Thursday morning classes continue at 9:15 am (Staying Strong) and 11:00 am Variety Mix. Suggested donation is \$3 per class and all goes toward Health Wellness Ministry, NIMS Middle School or community service projects. For more info e-mail Beth Curry at BFCSeries@yahoo.com.

UMW Starting Back

The welcome back UMW luncheon will be Tuesday, September 7 at 11:45 a.m. in Moor Hall. Debara Jump and Katie Sherk of the American Red Cross will be the speakers. Katie, who is the Hurricane Senior Director of Emergency Management, will speak on hurricane preparedness and volunteer needs. Debara is the Senior Director of Public Support and will talk about fundraising, and the parallels and differences between Red Cross and UMCOR (United Methodist Committee on Relief).

Please make your reservation with Nancy Kerce at 877-6546 by September 3.

UMW Circles to Meet

Circle 1 will meet at 10 a.m. Monday, September 13, with Kathy Pope, 3010 Sawgrass Circle.

Circle 2 will meet in the church library immediately after the UMW luncheon meeting on Tuesday, September 7.

Circle 4 will meet in the church library on Tuesday, September 14, at 10:30 a.m.

Circle 5 meets Thursday, September 9 at 6:30 at the Mellow Mushroom.

Circle 6 will meet at the home of Julie Pararo, 2104 Randolph Circle, at 6 p.m., Monday, September 13.

Circle 8 will meet at noon, Wednesday, September 1, at St. John's Cafe.

Circle 9 meets Tuesday, September 21 at 10 a.m. For location, please call Liz Smith, 576-1533.

Circle 10 meets Thursday, Thursday, September 16 in the home of Shirley Kirwin, 1855 Easton Forest Drive.

Youth Happenings in September

Kelly Rains
Youth Director

Jordan Perry
Youth Intern

A Note from Kelly ...

We have just closed out an incredibly busy summer with our youth and I have to say, they have surprised me once again. You can't help but catch their energy and willingness to try new things, no matter what comes their way.

They really are an amazing group of young adults with so much to offer.

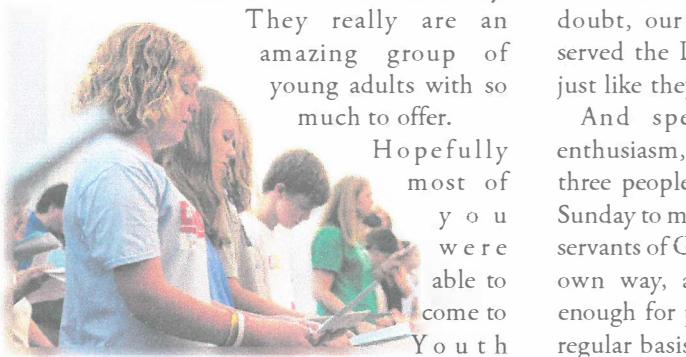
Hopefully most of you were able to come to

Youth

Sunday on August 8th. Our youth really shined that day as they led the congregation in all 3 worship services. I was very proud of each of them for offering their ideas, enthusiasm, and gifts not only on that

Sunday but during all the many rehearsals leading up to the big day. Our theme for the day was "To Move", and our theme verse was Romans 12:11 "Never be lazy in your work, but serve the Lord enthusiastically." Without a shadow of a doubt, our youth did just that, they served the Lord with energy and gusto just like they always do!

And speaking of serving with enthusiasm, I have to quickly mention three people who helped out on Youth Sunday to make it all happen. These three servants of God are amazing, each in their own way, and we can't thank them enough for pouring into our youth on a regular basis with their own energy and enthusiasm. So thank you Lisa Prasse, Brett Ingram, and Chip Collette for all the many things you do for our youth and for this church. We could not have done it without you!



**High School
LATE
NITE**
Starts Sept. 26
8 - 9:30 p.m.



Clockwise from top left: Anna Drake exhorts everyone to "Move!" Cody Johansen and Avery Smith provided rhythm and melody for their praise band; which also included (bottom right photo) John Rains, Hannah Prasse, and Alex Ingram; proud parents, Dennis Smith, Valerie, and Jerry Johansen look on as their sons lead worship.

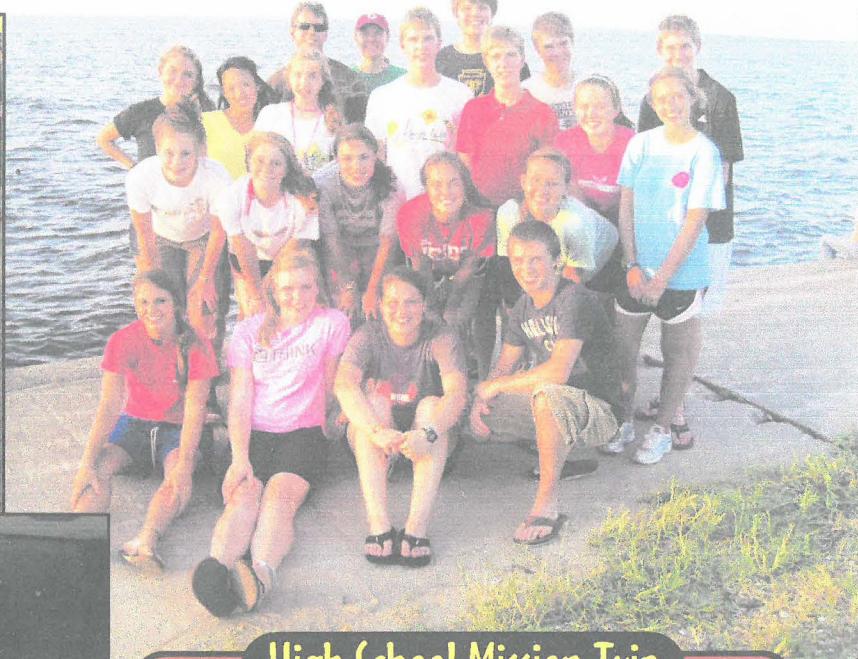
UNDERGROUND
ministries
Trinity
UMC

Upcoming Youth events for September

- Sept. 4-5 Guatemala Team to SIFAT
- Sept. 5 Youth Choir 5:00pm
- Sept. 5 UMYF: Bowling 6-9pm
- Sept. 8 Middle School Bible Study (4:30) & Pick-up begins
- Sept. 10-12 ... Rock the Universe in Orlando
- Sept. 12 No Youth Praise Band, No Youth Choir
- Sept. 12 UMYF: Moe's & Movie Night 6:00-8:00pm
- Sept. 15 Wednesday Bible Study (Mid-High 4:30pm)
- Sept. 19 Confirmation Meeting 9:45am
- Sept. 19 Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Sept. 22 Wednesday Bible Study (Mid-High 4:30pm)
- Sept. 26 Youth Choir Sings (8:30 & 11:00am)
- Sept. 26 Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- Sept. 26 High School Late Nite begins 8:00pm-9:30pm
- Sept. 29 Wednesday Bible Study (Mid-High 4:30pm)

Other Upcoming Events

- Oct. 1-3 Confirmation Retreat
- Oct. 3 Guatemala Meeting 8-9:30pm
- Oct. 10 Confirmation Class receives Bibles
- Oct. 17 High School Late Nite 8:00-9:30pm
- Oct. 30 Guatemala Team to Orlando
- Nov. 7 Guatemala Meeting 8-9:30pm
- Nov. 14 Crop Walk
- Nov. 28 High School Late Nite 8:00-9:30pm



High School Mission Trip to New Orleans



In between helping the people of New Orleans, the youth managed to squeeze in a little bit of recreation. Clockwise from top left, they are: getting ready to zip line at Banning Mills; hanging out on the shores of Lake Ponchartrain; wishing youth director, Kelly Rains, a stringy "Happy Birthday;" staying dry by the high water marker on their Hurricane Katrina prayer tour; and working with other youth groups at the Recovery School District.

Participants in the mission trip included: April Bradley, Tori Bradley, Jessica Danforth, Jonathan Danforth, Alex Ingram, Megan Lieblong, Justice Merlau, Brad Olson, Jeff Olson, Maria Parsons, Karrissa Pendleton, John Rains, Malinda Rains, Kaley Scanlon, Cody Stevens, Daniel Watson, Casey Waddill, Michaela Wolfe; and adult chaperones, Brett Ingram, Jordan Perry, and Kelly Rains.

Confirmation Class



Registration
meeting
for parents
and students

Sunday
September 19
at 9:45 a.m.

MIDDLE SCHOOL BIBLE STUDY

Starts Wednesday,
September 8
4:30 - 5:30 p.m.



PICKUP AVAILABLE FROM:
Florida High, Raa, Fairview, and Cobb

Kate Sullivan Needs Mentors

Jane Olson
Kate Sullivan liaison

As this new school year begins, do not think of it as the end of summer. Instead think of it as the beginning of another year of participating in Trinity's mentoring program at Kate Sullivan Elementary School. We begin our ninth year of partnering with Kate Sullivan and this year we are changing it up! To encourage more volunteers they are allowing more flexibility. They want to give everyone the opportunity to mentor a student by not limiting the days or available times.

Our Reading All Stars program working with first grade students will continue at 9:00a each morning, rather than only Tuesdays or Thursdays as has been in the past. Now volunteers can choose any morning to work with their student and can even change the day of the week to accomodate personal schedules. If another grade level is preferred, this can



be arranged also. The school wants to work with us to encourage as much involvement as possible. Beth Freeman is our contact person at Kate Sullivan and we have scheduled a mandatory orientation/training meeting for September 21 at Kate Sullivan in the old media center at 10:00a. Former

mentors need only to fill out the volunteer forms to update their file and new mentors will

stay for a 45 minute orientation. This is such a gratifying and fulfilling experience to encourage a young student to strive and grow a love for learning. If you have any further questions you can contact Jane Olson at janeolson@embarqmail.com or at 385-4540 (home). This is your opportunity to make a real difference in a young child's life!

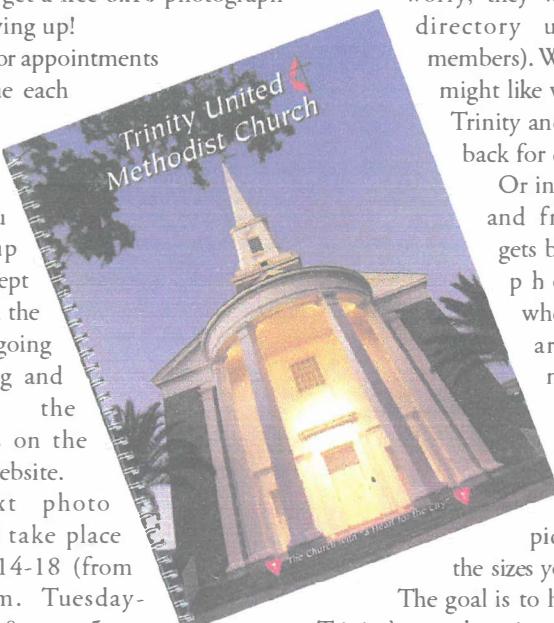
Trinity's new Pictorial Directory

Make plans now to have your portrait taken for the Trinity directory. This is your chance to get a family portrait, help your church, and get a free 8x10 photograph just for showing up!

Sign-ups for appointments will continue each Sunday through September 12. Or, you can sign up anytime (except Sundays) via the internet by going to tumct.org and following the instructions on the LifeTouch website.

The next photo session will take place September 14-18 (from 1:30-8 p.m. Tuesday-Friday, and 10 a.m. - 5 p.m. Saturday).

This is also a great opportunity to take advantage of a little no-pressure



evangelism. Invite your neighbors to have their picture taken too - it's free and they get a complimentary 8x10 (don't worry, they won't be in the directory unless they're members). Who knows, they might like what they see of Trinity and want to come back for church.

Or invite your family and friends. Trinity gets benefits for each photograph, whether the photos are of Trinity members or not.

And there's no pressure from LifeTouch to buy more pictures - buy only the sizes you want.

The goal is to have as many of Trinity's members in the directory as possible. It's a Trinity tradition and it's a great opportunity to help others recognize who you are. Hope to see you there!

The Monthly Tidings (USPS 013-030) is published monthly but for a combined June/July issue published in June by Trinity United Methodist Church, 120 W. Park Ave., Tallahassee, FL 32301. POSTMASTER: Send address changes to the Monthly Tidings, 120 W. Park Ave., Tallahassee, FL 32301. Periodical postage paid at Tallahassee, FL.

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Tony Fotsch, Associate Pastor
Barbara Hynes, Associate Pastor of Discipleship
Rex W. Adams, Communications Director

PERIODICALS
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TALLAHASSEE FL

Fall Programs continued from page 1

BFC Exercise Classes

A new class, "Power Hour," begins Wednesday, September 1 at 6:30 p.m. Come for a combo hour of aerobics, and upper and lower body, and core training. "Better Bodies" begins September 15th at 4:15 p.m. Learn proper walking technique followed by balance, basic strength and flexibility exercise. Tuesday and Thursday morning classes continue at 9:15 a.m. (Staying Strong) and 11:00 a.m. (Variety Mix).

For more info, e-mail Beth Curry at BFCSeries@yahoo.com.

Mission trip to Guatemala

This year's adult mission trip to Guatemala has been planned for Nov. 1-6. The team will be coordinated through "Solomon's Porch." If you have an interest in serving in this group, the cost will be approximately \$650 plus air fare with a September 15 deadline. You will also need a current passport and an updated tetanus vaccination to travel to Guatemala. Please contact Todd Resavage at todd@tallahasseeattorneys.com for more information.

