

Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.

Trinity Sunday School represents all ages

Did you know there are nine different Sunday School classes for adults? And, there are eight classes for children - ranging in ages from 2 years-old to 5th grade! Plus, there are three classes for youth - from mid-high to high-school. Whew! Trinity must pay a lot of money for all the teachers that must be required to teach all those classes. Um, no. Amazingly, volunteers teach every class.

Sometimes, it's easy to take Sunday School teachers for granted. After all, they do their jobs quietly, without fanfare or recognition. Some of the adult classes even share the responsibility of leading the discussion. But, all of the classes would love to have more members.

If you're unsure of which class might be the best fit for you, check out the website (tumct. org), look for brochures in the Welcome Center, or contact Barbara Hynes (222-1120)

to find just the perfect class.

Thanks to volunteer Amanda Graham's photographic skills, you can see some of the classes in action in the photos below.

From the very young to the not-quite-asyoung - Trinity has a class for everyone.



Above, Susan Koehler and Sally Huggins teach the 4 year-old class. In the inset photo at upper right, Susan helps two of the kids in her class.



Gifts to Trinity

Trinity received the following gifts from March 19, 2011 through April 21, 2011:



In memory of John Andrew Ebel from Duane Clark, Gail and Ron Hock, Martha Tilden, Nick and Ollie Dawirs, Bill and Judy Levy, TMH, Quilters Unlimited of Tallahassee, Nina Peterson, Jim and Pat Powers, Charles J. Heermans and Nancy Burkman.

In memory of Frances Nell Melton from Gail and Ron Hock and Bill and Judy Levy.

In memory of Dan Stainer from Janet Stainer.

In honor of Abbie Rose Shiver from Gail Melton.

In honor of Laurie Shiver from Gail Melton.

In honor of Preston Wetherell's baptism from Ryan and Alisha Wetherell.

In honor of Betty Scott James from Dr. and Mrs. Otis Beck.

Friday Flicks

Kitty Ball

This month's movie will be "The World's Fastest Indian," a 2005 fact-based drama starring Anthony Hopkins. Set in 1967, Hopkins portrays a 67 year old quirky New Zealander who customizes his Indian Scout motorcycle and races it on the Bonneville flats in Utah.

The movie will be shown in the Parlor on May 20, at 7 p.m. Bring 50 cents for popcorn and a soft drink!

Tony's Thoughts

By Tony Fotsch Associate Pastor

"Before I formed you in the womb I knew you, before you were born I set you apart..." (Jer. 1:5)

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." (Jer. 29:11)

"Train a child in the way he should go, and when he is old he will not turn from it." (Prov. 22:6)

Christian is just over a year old now, and Debbie and I are coming up on our second Mother's & Father's Days (that first year was just a blur!).

We've been reflecting on some of these promises and proclamations from Holy



"This stuff you call sugar has a pleasing effect on me!"

Scripture about a child growing up in the Lord. We can't help but to feel inspired yet humbled to consider all that the Lord has in store for our little boy – who, before we even know it, will have grown into a man.

It truly has been amazing to see our little one being raised in such a place as Trinity. There are so many loving people pouring their prayers & support over him. How wonderful it's been to share baptism, first-steps, and even a first birthday! And yet, we are excited to see how the example of faith from all of us in the church will mold & shape his own faith. For instance, the gifts our church family made in Christian's honor for his 1st birthday to the Dezman Fleury Foundation Orphanage in Haiti totaled over \$2,100! It is these faithful

actions that will build a strong foundation to his own relationship and life with the Lord.

And, it gives us such confidence and hope in what God will faithfully do throughout his life!

Yet, these Scriptures are not just for infants alone. Christ instructs all of us to come to the Lord with



child-like faith. Indeed, this is why we use phrases such as "born-again" in referring to that moment when any person receives God's

graceful love into their own life. It could be an adult who hadn't grown up in the church at all. It could be those in the church who make that deeper connection and commitment to this God they've known about all their life. It could be any of us experiencing with the awe, wonder and excitement that is expressed so beautifully in children, our loving God doing something new in our lives.

No matter what age we may be, and no matter where we are in the spectrum of faith, God proclaims these promises for anyone who would receive them like a child. That God has known us even before we were

That God has known us even before we were born and that, in Christ, we are all set apart to be holy. That God desires such a blessed future for us, even through good times and bad. That God would continually train us, day by day, drawing us closer to perfection in love.

As we look forward to these Days set aside to celebrate parents, we thank God for all the family helping to raise our dear, little child. Yet, we pray that all of us would find in this place a family that would help us and inspire us all to grow as children of our Lord.

God's blessings to all of us God's children,

Tony Folse

Music News for May

Mark Repasky Director of Music

NETkids On The Road

Our two NETkids choirs visit retirement centers in the Tallahassee area three times each school year. We like to present our musical at Westminster Oaks because we have a fair number of church members living there and they have wonderful facilities for such events, especially the new McGuire

Center. That's where we will be on Wednesday, May 4 for a 4:15pm performance.

The children spend most of their "Hurry rehearsal time from On Down"

February
through
A p r i l
preparing
the musical so it is good that we de-

and exhibits.

the musical, so it is good that we can share the story of Zacchaeus and his encounter with Jesus with our Westminster friends. We have presented our NETkids musicals at Westminster for at least 10 years in a row!

Sing This Summer

We are looking for additional singers for Chancel Choir during our "lean" weeks of early summer when many regular choir members

are gone.
Interested?
Please come
to choir
rehearsals

(Wednesdays, 7:30-8:45 pm) starting May 18 or 25. We will rehearse each week through June 8, and continue singing Sunday mornings through July 3.

This is your chance to serve the church and do some singing without

making a long-term commitment to the choir.



The NETkids Omega Choir performed on Palm Sunday.



Heralding Christ's return to Jerusalem, elementary Sunday School children wave palms before the Palm Sunday service.

UMW invites guests to May Faire Celebration May 3

Using the theme of the festive May Day parties of long ago, Trinity United Methodist Women are turning their luncheon meeting on Tuesday, May 3, into a May Faire Celebration complete with flowers, May poles, special music,

Each UMW member is encouraged to bring a special guest or two to the celebration. Any woman of the church is invited without further invitation to the event in Moor Hall where she will have an opportunity to get acquainted with others in an informal setting, enjoy lunch and entertainment. Those planning to attend should make a reservation for lunch (\$6) by calling Nancy Kerce at 877-6546.

Fellowship will begin at 11:30 a.m. when guests and members get acquainted while looking at several "Faire" exhibits that highlight some of the activities of

UMW. The exhibits will be designed to tell newcomers to the church about the purposes of the organization that started at Trinity in 1882 as an auxiliary of the Women's Foreign Missionary Society. As part of the Florida and General Conferences of United Methodist Women, Trinity's unit has remained

active for 129 years in supporting missionaries and deaconesses who serve the needs of women and children locally, nationally and throughout the world.

Festivities will continue during lunch, which is expected to end at 1 p.m. UMW Executive Committee will meet at 10:30 in the Library.

UMW Circles to Meet

Circle 1 will meet Monday, May 9 at 10 a.m. with Carol Moore, 3871 W. Millers Bridge Rd.

Circle 2 will meet in the church library immediately after the UMW luncheon meeting on Tuesday, May 3.

Circle 4 will meet in the church library on Tuesday, May 10, at 10:30 a.m.

Circle 5 meets Tuesday, May 12 at 7 p.m. with Shirley Kirwin, 1855 Easton Forest Dr.

Circle 6 meets Monday, May 9 with Julie Pararo, 2104 Randolph Cir. Circle 8 will meet at noon, Wednesday, May 4, at St. John's Cafe.

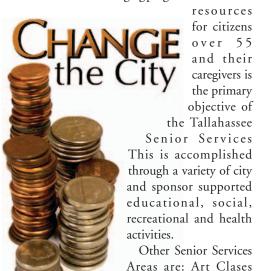
Circle 9 meets Tuesday, May 17 at 10 a.m. with Miriam Pierce, 4194 Diplomacy Circle for a pot-luck lunch.

Circle 10 meets Thursday, May 19 at 7 p.m. Call Dawn Long for location - 539-4889.

Tallahassee Senior Center receives May change

Sabrina Denmark Church and Society Co-chair

Facilitating, promoting, and providing diverse wellness and aging programs, services and



Classes, Recreational Activities, Educational Classes, Support Groups, and a Volunteer Program.

& Exhibits, Crafts

The Senior Center is staffed and maintained by City general revenue



dollars. A 15-member Advisory Council is appointed by the City Commission to represent seniors' interests and needs in the Tallahassee area.

To provide a means of generating funding to support the programs and services of Tallahassee

Senior Services and its participants, an independent private non-profit organization, Tallahassee Senior Citizens Foundation, was established in 1980. It is administered by a 15-member Board of Directors elected by the current board.

Membership is open to all interested persons. For information on

joining and other ways to contribute, feel free to contact the Senior Center (phone 891-4000) or drop by and pick up a membership brochure 1400 North Monroe Street.

Used clothes will go to ECHO

Linda Yates

United Methodist Women have changed the recipient of clothing and household items the group collects in one of the bins in the hallway between Moor Hall and the Welcome Center. The Refuge House, to which UMW

took gently used clothing for the use of its clients for the past several years, now gives them to

a thrift shop subbed out to an operator who returns a small percentage of the profit back to the Refuge House.

UMW Executive Committee voted at a meeting on April 5 to give future collections to ECHO, a social services agency

Trinity helps sponsor. ECHO can use clothes for men, women and children, household items and furniture, which it gives to families struggling to get back on their feet. UMW member Pam Reed delivers items from the bin on her lunch hour from time to time, but large bulky items should be taken directly to ECHO, 702 W. Madison Street, telephone 224-3246.

"Hats Off" for the Migrant Workers

Lora Chapman

The Gadsden Migrant Evenstart Program in Quincy, Florida is collecting hats and longsleeve men and women's Shirts for tomato pickers. The hats can be baseball styled or broad-brim sun hats. The shirts should be longsleeved and made of cool, breathable material like cotton or cotton blend.

The Evenstart Program helps migrant workers and their children with English language instruction, parenting education, and other social services.

There will be a box marked "Hats and Shirts" in the closet between the Welcome Center and Moor Hall



where you may deposit your contributions. Spring cleaning is a great time to set these items aside. We will be collecting from May 1 to June 15.

The latest on the Habitat build

Ron McCranie

Just as I/we were beginning to fret about the prospect of working on the roof of a Habitat house this summer, we got a reprieve (sort of). The short explanation is that the design and permitting for infrastructure of this development has taken longer than expected, and because of scheduling of houses ahead of us, it looks like we'll be beginning our Faith Build in October or November.

So relax, enjoy your summer and look for an update from me in a few months as things work themselves out. If you have any questions in the meantime, please get in touch with me (mecranie@hotmail.com).



Scenes from the Trinity Easter Egg Hunt



VBS Sign Up for Jun. 13-17 Sess

Early Bird (by May 1): \$20 child/\$50 family Deadline for all Preschool May 1 After May 1: \$25 child (Elementary only)

Youth Happenings in May

Kelly Rains Youth Director Jordan Perry Assistant Youth Director

A Note from Kelly ...

So, every year when we come to the end of the school year, I take a moment to reflect on all that I have learned from our youth over the past year. Believe it or not the "vibe" of our youth group changes every year (with new ones coming in and others moving on). Spending time with Trinity's youth is a blessing everyday. They are an amazing group of young adults trying to figure out who they are and how they fit into this world. Their energy and ideas are always welcomed down in The Underground and

I am thankful for each and every one of them. As hokey as it might sound, I believe they will do great things in life....but I also believe it will look different than it has in the past, vet be authentic to how youth see life today. The world is changing, not much we can do about that. What we can do is get to know our youth today and find out

know our youth today and find out what makes them tick. We can learn from



These five guys represented Trinity recently in a neighborhood basketball tournament. Kelly had heard of a team of boys who were looking for some competition and organized a little tourney. The team that beat the Trinity team had a 7 footer! Is that really fair?

The dynamics of our group obviously changes day by day based upon who is there and what we are doing. But if you look at our group as a whole over the past year, I can see how the current group is so much different than the group just 4 years ago when I first took this job. So here is what I have learned from our current group:

- 1. You have to earn respect, it is not a given.
- Change is always a good thing, it keeps you guessing.
- 3. Be real and down-to-earth no matter what.
- Enjoy those you spend time with, if you don't they will know immediately.
- Just because something has always been a certain way doesn't mean it will automatically be accepted.



Oh, the drama! This group presented a little drama on a recent evening during UMYF.

them while we accept them and guide them. We can love them and raise them up in the church while they figure out how they will change the world. We are the lucky ones to be a part of their lives!

UNDERGROUND ministries

Upcoming Youth events for Man

May 1...... Mission Trip final payments due

May 1...... No Praise Band, Youth Choir 5pm, UMYF 6pm

May 4.......... Wednesday Bible Study (Mid-High 4:30pm)

May 8........... Youth Choir sings at 8:30 & 11:00am services

May 8.......... No Praise Band, No Youth Choir, UMYF 6pm (movie)

May 11...... Last Wednesday Bible Study (Mid-High 4:30pm)

May 14...... Confirmation Banquet 6:00pm

May 15...... Confirmation Sunday (11:00am service)

May 15....... No Praise Band, Youth Choir 5pm, UMYF 6pm (Guatemala Celebration)

May 18...... No Wednesday Activities

May 22...... Graduate Breakfast 9:45am

May 22..... Graduate Sunday (11:00am service)

May 22....... No Praise Band, Youth Choir 5pm, UMYF 6pm (Jordan's party)

May 25....... No Wednesday Activities May 29....... No Sunday School (Sun Service 9:45am)

May 29...... No Sunday night activities (Memorial Day weekend)

Summer Dates

June 5-11 Youth Week

June 13-17 ... Vacation Bible School

June 23-29 ... Mission Trip to Miami, FL

July 6-9 Mission Trip to Ocala, FL

July 18-23 Warren Willis Camp

July 31..... Youth Sunday





Health Wellness news for May

Trinity Runner's Club Invites You to Walk/Run/Roll for Parkinson's Disease

Richard Parsons

Join the Trinity UM Runner's Club on **Saturday, May 14**, when the **North Florida Parkinson's Awareness Group** (NFPAG) will be hosting its 2nd annual 5K Run/Walk/Roll (Tulip Trot) for Parkinson's Disease. This event will also include a 50-yard "Victory Dash" honoring those with Parkinson's. The mission of the NFPAG is to provide support, information, education, and advocacy for all people with Parkinson's Disease and their caregiver, family, and friends.

The event will be held at **Tom Brown Park** (Pavilions 1, 2, and 3) with registration starting at **7:00 a.m.** The "victory dash" will start at 7:45 and the 5K run/walk will start at 8:00. Please visit the North Florida Parkinson's Awareness Group's website at www.nfpag.org for more details about this event or contact Richard Parsons at rrptroy@gmail.com.

Health Wellness Team Builds Community Garden

Beth Curry

On Saturday, April 9 a group of Trinity members built a Community Garden on site with the help of four homeless Veterans from Veterans Village. Everyone worked hard but we could never have accomplished all that we did in one day without the gift of time and hard work given by these four wonderful men. The garden was funded by the generosity of one of our church members and from donations which are collected during the BFC Series Exercise classes.

Crops will be given to the homeless or those in need in our community. Be sure to look as you come up the Duval Street sidewalk to see what is growing! If you would like to help maintain the garden or contribute towards its care, please contact Jaqui Griffith.

On a recent Saturday, enthused and motivated Trinity members (and four homeless veterans with their driver, Becky, and baby Luke) gathered, prepared the ground, and planted vegetables. These special "church veggies" will help feed the hungry in the community. Among those who helped were, Beth Curry, John and Gail Stewart, Toni Hale, Jaqui Griffith, Blue and Gloria Whitaker, Nancy Bedford. Carol Ann Matheus, and Fagline Adkion





Tips from the experts Parkinson's disease

Would you like an easy tip to increase your overall health, improve your mood and possibly even increase your lifespan? Shut off the television! Researchers have linked excessive television use to obesity (due to mindless eating and to commercials for junk food), decreased activity levels, and depression. We all make decisions every day that make a difference in our health and quality of life. This is an easy one, so join me in shutting off the tube and getting moving in this glorious springtime weather!"

Ginger Parsons, OT, CHT.

A wonderful and rewarding way to increase your outdoor physical activity is to garden. Why not join the Trinity Health Wellness Team with maintaining the new Community Garden?

Health Wellness Calendar

Drop in any time!

Classes are in the Parlor.

BFC Series Exercise Classes

- Tuesdays and Thursdays —
- 9:15-10:30 a.m. Staying Strong
- 11:00-12 noon Variety Mix*

 * Nursery by reservation only
 - Wednesdays —
- 4:15-5:30 p.m. ~ Walk to Bethlehem
 - 6:30-7:30 p.m. ~ Power Hour



Trinity UMC Runner's Club

UPCOMING EVENT

Saturday, May 14 Tulip Trot for Parkinson Disease (50 yard and 5K Walk/Run/Roll)

Contact Beth Curry at BFCSeries@yahoo.com for information about any Health Wellness item. Contact Richard Parsons at rrptroy@gmail.com for information about our runner's club team.

Introducing the Order of St. Luke

Jonathan Hehn Trinity organist

As some of you may know, I am a newly professed member of the Order of Saint Luke. I would like to take a chance, if you're not already familiar with it, to introduce you to the Order and its work.

Jonathan is not only the organist, but also leads the Youth Choir, coordinates "Friends of Music," accompanies the choirs, and is a willing and able stand-in for the handbells groups.

The Order of Saint Luke is "a religious order in the United Methodist Church dedicated to sacramental and liturgical scholarship, education, and practice." It was founded in 1946 in the former Methodist

Church in order "to bring about a recovery of the worship and sacramental practice" of the Church. Indeed, much of the liturgical renewal in the United Methodist Church over the last sixty years has been accomplished through work by members of the Order of Saint Luke, and many members of the Order serve as faculty members at United Methodist seminaries. Those

of us who work in local parishes like Trinity are always seeking to put in place better worship practices which respect the strength of local tradition. We also seek to educate our congregations about the importance and power of worship.

If you're not familiar with religious orders in general, here are some helpful things to know.

All religious orders follow a "rule," that is, a rule of life, service, and prayer that is unique to each religious order. The Order of Saint Luke abides by a very simple rule, and has its own "Daily Office" of prayer services. You can tell which order one is a member of by the letters after his or her name. Lukan brothers and sisters are designated by the letters "OSL."

All religious orders have a unique "charism," that is, a spirituality that has been influenced by a certain saint, biblical figure, or event. The Order of Saint Luke has what you

might call a "Lukan" charism. We have been particularly influenced by the paschal mystery proclaimed t h e i n writings of Luke, especially in the three great Gospel canticles: the Canticle of Zechariah

(Benedictus), the Canticle of Mary (Magnificat), and the Canticle of Simeon (Nunc dimittis).

Being a "brother" or "sister" in an order does not necessarily make one a monk or nun. Monks and nuns

live in cloistered communities; their daily lives are to some

extent isolated from the outside world. The great majority of professed religious today live and work in and among their local community.

Not all religious orders require a vow of celibacy. There are many orders today, especially those which are ecumenical in

nature, which admit married men and women. The Order of Saint Luke is one such order.

Most religious orders wear a "habit." The Order of Saint has a habit which is worn voluntarily by members of the Order. It consists of a white tunic (an "alb"),

red "scapular" (long apron-like vestment particular to religious orders), and a red rope belt called a "cincture." You will see me occasionally wearing this habit when I'm doing work on behalf of the Order. The scapular is a sign of religious profession just like a minister's stole is a sign of ordination.

Almost all religious orders now have websites. The Order of Saint Luke website is www.saint-luke.net. I encourage you to explore it and the websites of other religious orders to learn more about this very ancient tradition of the Church. Some of the most well known orders are the Order of Friars Minor (Franciscans), the Order of St. Benedict (Benedictines), and the Order of Preachers (Dominicans).

Grace and Peace, Jonathan



PERIODICALS
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Attention all graduates (and graduate's parents)

Now that you've attended all of the lectures and aced all of your tests, it's time to let people see what you have done! The **Tidings** will publish your picture and a brief description of the High School or University from which you have graduated, as well as any honors or degrees.

Just make sure to submit your information and photo by May 10. The Trinity graduates feature will be in the June/July **Tidings**.